

PROGRAM SUBOTA | 30.05.2026.

od 10:00h - 16:00h
Zrinjevac, Zagreb

10:00 SLUŽBENO OTVORENJE SUMMITA | OFFICIAL SUMMIT OPENING

PANEL RASPRAVE

10:20 **Istina o debljini | The truth about weight**
Petra Kejla, Ana Soldo, Petra Meliš, Natko Beck
powered by Novo Nordisk

10:55 **Korak bliže zdravlju**
Lora Vidović, Natko Beck
powered by grad Zagreb

11:50 **Srce i bubreg, zaljubljeni par | Kidney me softly**
Borka Pezo, Natko Beck
powered by Boehringer Ingelheim

12:15 **Što nam govori želudac? | Gut feeling**
Pave Markoš, Tajana Beck
powered by Hood

12:35 **Jede li nas stres? Prehrana za burnout | Stres eats first**
Petar Štefanić
powered by Hood

12:50 **Svaki dim ostavlja trag | Every puff leaves a mark**
Radovan Zrilić, Natko Beck
powered by Poliklinika za bolesti dišnog sustava

13:45 **Kviz zdravlja Dr. Beck | Koža bez filtera | Skin beyond filters**
powered by Poliklinika Sinteza

14:15 **Kviz zdravlja | Sunce pod povećalom | Here comes the sun - Dr. Beck**
powered by Avene

14:30 **Kako kvalitetnije spavati? | Sleep reset**
Alen Juginović, Petar Štefanić
powered by Hood

15:10 **Najčešći kradljivci vida | Glaukom, mrena i staračka dalekovidnost
Protecting your vision**
Luka Bilić, Natko Beck
powered by Bilić Vision

15:30 **Dugovječnost bez mitova | Longevity lab**
Jeannette Gjurić, Mario Franolić, Petar Štefanić
powered by Hood

10:00 - 16:00 **PUNKTOVI ZDRAVLJA | BESPLATNI PREGLEDI**

Empathy corner
powered by Novo Nordisk

Mjerenje gustoće kostiju
powered by Sandoz

Mjerenje očnog tlaka, testiranje vida
powered by Bilić vision

Pregled madeža
powered by Poliklinika Sinteza i Poliklinika Bagatin

Alergološka testiranja i savjetovanja
powered by Specijalna bolnica za plućne bolesti

Spirometrija
powered by Poliklinika za bolesti dišnog sustava

UZV štitnjače i karotida
powered by Hood

Centar zdravog spavanja
powered by Bauerfeind

Pokaži srce
powered by Poliklinika Vaš Pregled

Off the record | Speakers' corner
powered by Back together

13:15 - 14:00 **Pauza za ručak | Lunch Break**
**tijekom pauze za ručak pregledi se ne održavaju*

PROGRAM NEDJELJA | 31.05.2026.

od 10:00h - 16:00h
Zrinjevac, Zagreb

PANEL RASPRAVE

- 10:00** **Tišina između notifikacija | Connected but lonely**
Darko Marčinko, Petar Štefanić
powered by RBA leasing
- 10:40** **Odnosi koji štite: zašto je povezanost važna za mentalno zdravlje djece i mladih | The Power of Connection**
Romina Ivančić Maćešić, Petar Štefanić
powered by Poliklinika za zaštitu djece i mladih
- 11:05** **Ubrzani život, usporeni metabolizam | Metabolism under pressure**
Ivan Pećin, Natko Beck
powered by Lov na tihog ubojicu
- 11:40** **Placebo i nocebo: psihologija iscjeljenja i oporavka**
The power of placebo and nocebo
Goran Ivkić, Natko Beck
powered by Hood
- 13:15** **Mala škola Bontona | Small school of good manners**
powered by Bontonista
- 14:00** **ADHD: Trend ili stvarna dijagnoza? | Brain in overdrive**
Andrea Ražić Pavičić, Natko Beck
powered by RBA leasing
- 14:35** **Suvremene tehnologije za kontrolu dijabetesa**
New technologies for diabetes control
Igor Maksimović, Natko Beck
powered by Bauerfeind
- 14:45** **Kad trening postane pritisak | Too much of a good thing**
Sebastijan Orlić, Natko Beck
powered by Hood
- 15:00** **Između karijere, djece i sebe | A tko brine o mami?**
Mothers in Survival Mode
Ana Čerenšek, Maša Zibar, Petra Brzović
powered by Hood
- 16:00** **Završetak šestog Back Together summita**

10:00 - 16:00

PUNKTOVI ZDRAVLJA | BESPLATNI PREGLEDI

Empathy corner

powered by Novo Nordisk

Mjerenje gustoće kostiju

powered by Sandoz

Šećer, masnoće, tlak

powered by Lov na tihog ubojicu

Igraonica vida za djecu

powered by Poliklinika Sabol

UZV štitnjače i karotida

powered by Hood

Centar zdravog spavanja

powered by Bauerfeind

Savjetovanja za djecu i mlade

powered by Poliklinika za zaštitu djece i mladih

Pokaži srce

powered by Poliklinika Vaš Pregled

Off the record | Speakers' corner

powered by Back together

12:15 - 13:00

Pauza za ručak | Lunch Break

**tijekom pauze za ručak pregledi se ne održavaju*